

Exercise Equipment

Code: ANCMF-AU-GB-EE-02 • Facility: Government Building • Frequency: daily

Scope of Work

- Dusting of all exercise equipment surfaces.
- Sanitising of high-touch areas such as handles, seats, and control panels.
- Wiping down of all equipment frames and bases.
- Vacuuming of surrounding floors to remove dust and debris.
- Mopping of floors with appropriate disinfectant solution.
- Emptying and sanitising of rubbish bins in the exercise area.

Method

1. Assemble cleaning trolley with all necessary supplies, ensuring colour-coded cloths are used for different surfaces.
2. Dust all equipment surfaces using a microfibre cloth to capture dust particles.
3. Apply a sanitising solution to high-touch areas and wipe thoroughly.
4. Use a damp cloth to wipe down equipment frames and bases, ensuring no streaks or residue remain.
5. Vacuum the floor area around the equipment to remove any dust or debris.
6. Mop the floor using a disinfectant solution, ensuring even coverage and allowing to air dry.
7. Empty rubbish bins, replace liners, and sanitise the bin surfaces.

Equipment

- Microfibre cloths (colour-coded)
- Sanitising solution
- Disinfectant floor cleaner
- Vacuum cleaner
- Mop and bucket
- Cleaning trolley
- Rubbish bin liners

Quality Criteria

Performance Level	Criteria
Excellent	All surfaces are visibly clean with no dust, streaks, or residue. High-touch areas are sanitised and free of any marks. Floors are spotless and dry. No odours present.
Good	Surfaces are mostly clean with minimal dust or streaks. High-touch areas are sanitised with minor marks. Floors are clean with slight dampness. No strong odours present.
Pass	Surfaces have some dust or streaks. High-touch areas are sanitised but may have visible marks. Floors are mostly clean but may have some damp spots. Mild odours may be present.
Fail	Surfaces are dusty or streaked. High-touch areas are not properly sanitised. Floors are dirty or wet. Strong odours are present.