

Outdoor Gym

Code: ANCMF-AU-GB-OG-01 • Facility: Government Building • Frequency: daily

Scope of Work

- Remove all rubbish and debris from the outdoor gym area.
- Sanitise all gym equipment, including benches, bars, and handles.
- Wipe down all surfaces, including seating and railings, with appropriate cleaning agents.
- Sweep and mop the flooring to remove dirt and grime.
- Ensure all rubbish bins are emptied and cleaned.
- Inspect and clean surrounding areas, including pathways and entry points, to ensure they are free of litter and dirt.

Method

1. Begin by collecting all visible rubbish and debris, placing it in the designated rubbish bins.
2. Use a colour-coded cleaning system to avoid cross-contamination, ensuring separate cloths and mops for different areas.
3. Apply a suitable sanitising solution to all gym equipment, allowing it to dwell for the recommended time before wiping clean.
4. Wipe down all surfaces with a damp cloth and appropriate cleaning agent, ensuring all areas are covered.
5. Sweep the entire area to remove loose dirt and debris, followed by mopping with a disinfectant solution.
6. Empty rubbish bins, replace liners, and clean the bins with a disinfectant spray.
7. Conduct a final inspection to ensure all areas meet the cleanliness standards.

Equipment

- Colour-coded cleaning cloths and mops
- Sanitising solutions
- Disinfectant sprays
- Brooms and dustpans
- Mop and bucket
- Rubbish bags
- Cleaning trolley

Quality Criteria

Performance Level	Criteria
Excellent	All surfaces are visibly clean and free of dirt, grime, and smudges. No rubbish or debris is present. All equipment is sanitised and dry. Rubbish bins are empty and clean. No unpleasant odours detected.
Good	Minor traces of dirt or smudges on surfaces. Minimal rubbish or debris present. Equipment is sanitised but may be slightly damp. Rubbish bins are empty but may have minor residue.
Pass	Noticeable dirt or smudges on surfaces. Some rubbish or debris present. Equipment is sanitised but not thoroughly dry. Rubbish bins are emptied but not cleaned.
Fail	Surfaces are visibly dirty with significant smudges or grime. Rubbish or debris is present. Equipment is not sanitised. Rubbish bins are full or overflowing. Unpleasant odours are present.