

Fitness Center

Code: ANCMF-AU-H-FC-01 • Facility: Hospitality • Frequency: daily

Scope of Work

- Dusting all surfaces including equipment, benches, and ledges.
- Sanitising all gym equipment, mats, and high-touch surfaces.
- Vacuuming and mopping all floor areas.
- Cleaning and sanitising toilets, showers, and change rooms.
- Emptying and sanitising rubbish bins.
- Cleaning mirrors and glass surfaces.
- Refilling soap dispensers and paper towel holders.

Method

1. Use a colour-coded cleaning system to prevent cross-contamination.
2. Start by dusting all surfaces from high to low.
3. Sanitise gym equipment using appropriate disinfectants.
4. Vacuum all carpeted areas and mop hard floors with a neutral pH cleaner.
5. Clean toilets and showers with a disinfectant cleaner, ensuring all fixtures are sanitised.
6. Empty rubbish bins and replace liners, then sanitise the bins.
7. Clean mirrors and glass with a streak-free glass cleaner.
8. Check and refill soap dispensers and paper towel holders.

Equipment

- Colour-coded microfibre cloths and mops
- Vacuum cleaner with HEPA filter
- Neutral pH floor cleaner
- Disinfectant cleaner
- Glass cleaner
- Cleaning trolley
- Personal protective equipment (PPE)

Quality Criteria

Performance Level	Criteria
Excellent	All surfaces are visibly clean and free of dust. Equipment is sanitised with no visible residue. Floors are spotless with no marks or debris. Toilets and showers are immaculate with no odours. Bins are empty and sanitised. Mirrors and glass are streak-free. Supplies are fully stocked.
Good	Minor dust on high surfaces. Equipment is mostly clean with minimal residue. Floors have slight marks but are generally clean. Toilets and showers are clean with slight odours. Bins are empty but not sanitised. Mirrors and glass have minor streaks. Supplies are mostly stocked.
Pass	Noticeable dust on surfaces. Equipment has visible residue. Floors have visible marks and debris. Toilets and showers are clean but with noticeable odours. Bins are not empty or sanitised. Mirrors and glass have visible streaks. Supplies are low.
Fail	Heavy dust on surfaces. Equipment is unsanitised with visible dirt. Floors are dirty with significant marks and debris. Toilets and showers are dirty with strong odours. Bins are full and unsanitised. Mirrors and glass are dirty. Supplies are empty.