

Gym

Code: ANCMF-AU-H-G-01 • Facility: Hospitality • Frequency: daily

Scope of Work

- Dusting of all surfaces including equipment, benches, and fixtures.
- Sanitising of gym equipment, mats, and high-touch areas.
- Vacuuming of carpeted areas and mats.
- Mopping of hard floors with appropriate cleaning solutions.
- Emptying and sanitising rubbish bins.
- Cleaning and sanitising of change rooms and toilets.
- Refilling of soap dispensers and paper towel holders.
- Inspection and cleaning of mirrors and glass surfaces.

Method

1. Begin with dusting all surfaces using a microfibre cloth to capture dust and debris.
2. Sanitise gym equipment and high-touch areas with a hospital-grade disinfectant.
3. Vacuum all carpeted areas and mats thoroughly to remove dirt and dust.
4. Mop hard floors using a neutral pH cleaner to prevent damage to surfaces.
5. Empty rubbish bins and replace liners, ensuring bins are sanitised.
6. Clean and sanitise change rooms and toilets, focusing on taps, basins, and toilet seats.
7. Refill soap dispensers and paper towel holders as needed.
8. Inspect mirrors and glass surfaces, cleaning with a glass cleaner to remove smudges and fingerprints.

Equipment

- Microfibre cloths
- Hospital-grade disinfectant
- Vacuum cleaner
- Mop and bucket with neutral pH cleaner
- Rubbish bin liners
- Glass cleaner
- Colour-coded cleaning cloths and mops

Quality Criteria

Performance Level	Criteria
Excellent	All surfaces are visibly clean and free of dust, dirt, and smudges. No unpleasant odours. Equipment is sanitised and free of sweat marks. Floors are spotless and dry. Bins are empty and sanitised. Toilets and change rooms are pristine with all dispensers full.
Good	Minor dust or smudges on less than 5% of surfaces. No strong odours. Equipment is mostly clean with minimal sweat marks. Floors are clean with minor wet spots. Bins are empty but not sanitised. Toilets and change rooms are clean with most dispensers full.
Pass	Noticeable dust or smudges on 10% of surfaces. Mild odours present. Equipment has visible sweat marks. Floors have visible dirt or wet spots. Bins are not emptied. Toilets and change rooms are clean but dispensers are low.
Fail	Visible dust, dirt, or smudges on more than 10% of surfaces. Strong unpleasant odours. Equipment is dirty with sweat marks. Floors are dirty or wet. Bins are full. Toilets and change rooms are dirty with empty dispensers.