

Weight Room

Code: ANCMF-AU-H-WR-01 • Facility: Hospitality • Frequency: daily

Scope of Work

- Dusting of all surfaces including equipment, benches, and fixtures.
- Sanitising of all high-touch surfaces such as equipment handles, benches, and door handles.
- Vacuuming of all carpeted areas and mats.
- Mopping of hard floors with appropriate cleaning solutions.
- Emptying and sanitising rubbish bins.
- Cleaning and polishing of mirrors and glass surfaces.
- Ensuring all cleaning activities comply with Australian workplace health and safety requirements.

Method

1. Begin by dusting all surfaces using a microfibre cloth to capture dust and prevent airborne particles.
2. Sanitise all high-touch surfaces using a hospital-grade disinfectant, ensuring contact time as per manufacturer's instructions.
3. Vacuum all carpeted areas and mats using a HEPA-filter vacuum cleaner to minimise dust and allergens.
4. Mop hard floors with a neutral pH cleaner, using a colour-coded mop system to prevent cross-contamination.
5. Empty rubbish bins, replace liners, and sanitise the bin interior and exterior.
6. Clean mirrors and glass surfaces with a glass cleaner, ensuring streak-free results.
7. Conduct a final inspection to ensure all areas meet the quality criteria.

Equipment

- Microfibre cloths
- Hospital-grade disinfectant
- HEPA-filter vacuum cleaner
- Colour-coded mop and bucket
- Neutral pH floor cleaner
- Glass cleaner
- Rubbish bin liners

Quality Criteria

Performance Level	Criteria
Excellent	All surfaces are visibly clean and free from dust, dirt, and smudges. No odours present. High-touch surfaces are sanitised and dry. Floors are spotless and dry. Mirrors and glass are streak-free.
Good	Minor dust or smudges on less than 5% of surfaces. No strong odours. High-touch surfaces are sanitised. Floors are clean with minimal streaks. Mirrors and glass have minor streaks.
Pass	Noticeable dust or smudges on less than 10% of surfaces. No offensive odours. High-touch surfaces are mostly sanitised. Floors are generally clean with some streaks. Mirrors and glass have visible streaks.
Fail	Visible dust or dirt on more than 10% of surfaces. Offensive odours present. High-touch surfaces are not sanitised. Floors are dirty or sticky. Mirrors and glass are heavily streaked.